

**Self-assessment Checklist for:** \_\_\_\_\_

**Novice Low**

Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice Low level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
<b>Speaking</b>		
I can imitate the sounds and words that I hear.		
I can say the names of familiar people, places, and objects in pictures and posters.		
I can introduce myself.		
I can say short memorized phrases, parts of poems, and rhymes.		

**Self-assessment Checklist for:** \_\_\_\_\_

**Novice Mid**

Person's Name

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You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice Mid level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
<b>Speaking</b>		
I can present personal information about myself and others using words and simple phrases. <ul style="list-style-type: none"> <li>• I can state my name, age, and where I am from.</li> <li>• I can give my phone number, home address, and email address.</li> <li>• I can say things about my physical appearance.</li> <li>• I can say things about my personality.</li> <li>• I can say things about _____.</li> </ul>		
I can express my likes and dislikes. <ul style="list-style-type: none"> <li>• I can express which sports I like and don't like.</li> <li>• I can express my favorite free-time activities and those I don't like.</li> <li>• I can state my favorite foods and drinks and those I don't like.</li> <li>• I can express _____ I like and don't like.</li> </ul>		
I can describe my daily schedule. <ul style="list-style-type: none"> <li>• I can identify my classes and when they occur.</li> <li>• I can state activities and times in my daily schedule.</li> </ul>		

**Self-assessment Checklist for:** \_\_\_\_\_

**Novice High**

Person's Name

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You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice High level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
<b>Speaking</b>		
I can use phrases and sentences to describe aspects of my daily life. <ul style="list-style-type: none"> <li>• I can talk about my family and friends.</li> <li>• I can talk about school.</li> <li>• I can talk about myself.</li> <li>• I can talk about _____.</li> </ul>		
I can present simple information about things I know. <ul style="list-style-type: none"> <li>• I can present on cultural information based on pictures or photos.</li> <li>• I can present about something I learned _____.</li> <li>• I can present _____.</li> </ul>		
I can describe a familiar experience or event in simple terms. <ul style="list-style-type: none"> <li>• I can describe what I do during the weekend.</li> <li>• I can describe what happens at a sports event.</li> <li>• I can describe _____.</li> </ul>		
I can talk about others. <ul style="list-style-type: none"> <li>• I can talk about others' likes and dislikes.</li> <li>• I can talk about others' free-time activities.</li> <li>• I can give biographical information about others.</li> <li>• I can talk about others' _____.</li> </ul>		
I can give simple instructions or directions. <ul style="list-style-type: none"> <li>• I can tell someone how to do something.</li> <li>• I can give directions to a location.</li> </ul>		

**Self-assessment Checklist for:** \_\_\_\_\_ **Intermediate Low**  
 Person's Name

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You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Intermediate Low level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
<b>Speaking</b>		
I can use a series of sentences to describe people, things, and events. <ul style="list-style-type: none"> <li>• I can describe people using series of sentences.</li> <li>• I can describe things in a series of sentences.</li> <li>• I can describe events in a series of sentences.</li> </ul>		
I can use a series of sentences to express my needs, wants, and plans. <ul style="list-style-type: none"> <li>• I can describe what I need for school or work.</li> <li>• I can describe what my plans are for the weekend.</li> <li>• I can describe what my vacation plans are.</li> <li>• I can describe what I plan to do after I finish school.</li> <li>• I can describe _____.</li> </ul>		
I can give a short presentation about things I know. <ul style="list-style-type: none"> <li>• I can do a short presentation on a current event.</li> <li>• I can do a short presentation on an academic topic.</li> <li>• I can do a short presentation on a famous person or cultural landmark.</li> </ul>		
I can prepare a short series of instructions.		
I can prepare and present a short, rehearsed interview, skit, or dramatic presentation.		
I can express my opinion and give reasons. <ul style="list-style-type: none"> <li>• I can express my opinion about friends and family.</li> <li>• I can express my opinion about a cultural topic.</li> <li>• I can express my opinion about _____.</li> </ul>		

**Self-assessment Checklist for:** \_\_\_\_\_ **Intermediate Mid**  
 Person's Name

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You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Intermediate Mid level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
<b>Speaking</b>		
I can give supporting details about plans and actions. • I can describe my plans for the future. • I can describe how to plan an event such as an outing.		
I can make a short, on-demand presentation on a familiar topic. • I can give a short presentation about my family. • I can give a short presentation about my school. • I can give a short presentation on my interests. • I can give a short presentation on _____.		
I can state my opinion and give reasons (e.g. cell phone use in schools, school uniforms, minimum wage, environment).		
I can tell or summarize a story. • I can tell a story. • I can tell a joke. • I can summarize a plot of a movie or TV show. • I can summarize _____.		
I can describe, tell about, and explain with some detail things I know about or have experienced and give my reactions to them. • I can describe a childhood experience and how I felt about it. • I can describe a memorable vacation and how I felt about it. • I can describe a social event that I attended and how I felt about it. • I can describe a memorable holiday celebration and how I felt about it.		

**Self-assessment Checklist for:** \_\_\_\_\_ **Intermediate High**  
 Person's Name

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You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Intermediate High level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
<b>Speaking</b>		
I can describe and narrate my personal experiences, everyday events, and present topics of general interest. <ul style="list-style-type: none"> <li>• I can describe a TV show.</li> <li>• I can describe an event.</li> <li>• I can summarize a short conversation.</li> <li>• I can _____.</li> </ul>		
I can present on a variety of topics of personal and academic interest. <ul style="list-style-type: none"> <li>• I can give a presentation on a cultural symbol or person.</li> <li>• I can give a presentation on something I have studied.</li> <li>• I can give a presentation on leisure activities in a variety of cultures.</li> <li>• I can give a presentation on _____.</li> </ul>		
I can describe my dreams, hopes, and ambitions. <ul style="list-style-type: none"> <li>• I can describe what I plan to do in the next five or ten years and why.</li> <li>• I can describe how I will use my language in the future.</li> </ul>		
I can present my viewpoint on an issue and support my opinion. <ul style="list-style-type: none"> <li>• I can talk about the relationship of the U.S. with other countries.</li> <li>• I can express my opinion on contemporary culture and society.</li> <li>• I can express my viewpoint on _____ and support it.</li> </ul>		
I can narrate and describe past, present, and future events. <ul style="list-style-type: none"> <li>• I can tell about memorable events in the past.</li> <li>• I can describe current events.</li> <li>• I can describe my hopes for the future of the world.</li> </ul>		