

Self-assessment Checklist for: _____

Novice Low

Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice Low level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
Speaking		
I can greet people in a polite way. <ul style="list-style-type: none"> • I can say hello to a person I do not know. • I can say hello to an adult. • I can say hello to my teacher. • I can say hello to someone my age or younger. 		
I can introduce myself to someone.		
I can answer simple questions using a single word. <ul style="list-style-type: none"> • I can respond to a simple yes/no question. • I can answer a simple either/or question. 		
I can respond to questions about my preferences using one or more words. <ul style="list-style-type: none"> • I can respond to a simple question about my preferences. • I can answer a simple either/or question about my preferences. 		
I can express my reaction to a statement using one or more words. <ul style="list-style-type: none"> • I can express a positive reaction like: Great! • I can express a sympathetic reaction like: That's too bad! • I can express a negative reaction like: That's horrible! • I can express agreement with a reaction like: OK • I can express neutrality: So-So. 		

Self-assessment Checklist for: _____

Novice Mid

Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice Mid level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
Speaking		
I can introduce myself and others using basic culturally appropriate greetings. <ul style="list-style-type: none"> • I can introduce myself and someone else. • I can respond appropriate to an introduction (e.g. "I am happy to meet you."). 		
I can ask simple questions and give simple responses on familiar topics such as: <ul style="list-style-type: none"> • What I like and dislike • What I am doing • Where I am going • When I am going to do something • Who someone is • What day it is • What the weather is like 		
I can exchange information about myself, my family, and familiar things using simple phrases. <ul style="list-style-type: none"> • I can say my name and ask someone what his/her name is. • I can identify the members of my family by relationships and ask someone about his/her family with a simple question. • I can exchange simple descriptions of what people look like (e.g. tall, short, brown hair, blue eyes). • I can exchange simple descriptions about personality (e.g. happy, funny, intelligent, serious). 		
I can understand and say numbers in simple situations. <ul style="list-style-type: none"> • I can exchange information that requires counting (e.g. playing a board game, saying the score of a game, counting the number of people or items). 		

<ul style="list-style-type: none">• I can ask and understand how much something costs.• I can ask and give the time, date, birth date, age, and phone number.		

Self-assessment Checklist for: _____

Novice High

Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Novice High level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
Speaking		
I can exchange personal information • I can ask and give home address and email address. • I can ask and give nationality.		
I can share some information with others about my family, friends, and free-time activities. • I can ask and tell about family members and their characteristics (e.g. tall, short, funny, serious). • I can ask and tell about friends, classmates, and teachers.		
I can exchange information using simple texts, graphs, or pictures. • I can ask about and identify familiar things in a picture. • I can ask about and identify important information in a graph. • I can ask and respond to simple questions about dates, times, places, and events on schedules, posters, and tickets.		
I can ask for and give directions with the help of a map or other visual aid. • I can ask for directions to a place. • I can tell someone how to get from one place to another (e.g. go straight, turn left, turn right). • I can tell someone where something is located (e.g. next to, across from, in the middle of).		
I can exchange information with other people about what to do, where to go, and when to meet. • I can make simple plans to do something with someone. • I can exchange information about where or when to go or meet (e.g. store, movie, concert, restaurant).		
I can invite someone to do something or go somewhere. • I can accept or refuse an invitation to do something or go somewhere.		

I can interact using simple language in everyday situations. • I can order a meal. • I can make purchases (e.g. market, store, post office). • I can buy a ticket (e.g. bus, museum, concert).		

Self-assessment Checklist for: _____ **Intermediate Low**
 Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Intermediate Low level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
Speaking		
I can engage in simple conversation using phrases and complete sentences on most topics about everyday life. <ul style="list-style-type: none"> • I can engage in simple conversation about family or household tasks. • I can engage in simple conversation about hobbies and interests. • I can engage in simple conversation about work. 		
I can express reactions and emotions. <ul style="list-style-type: none"> • I can express happiness. • I can express sadness. • I can express _____. 		
I can exchange information about academic topics familiar to me. <ul style="list-style-type: none"> • I can ask and respond to factual questions about geography, history, art, music, math, science, and literature. 		
I can ask and answer questions on familiar topics to keep a conversation going. <ul style="list-style-type: none"> • I can ask for and give information on a familiar topic. • I can ask for and give clarification on a familiar topic. • I can ask for and give explanations on a familiar topic. • I can ask for and give examples on a familiar topic. 		
I can deal with simple situations. <ul style="list-style-type: none"> • I can check in at a hotel. • I can make a reservation for a tour or a meal at a restaurant. • I can make an appointment or reservation by phone. • I can call for a taxi. • I can _____. 		

Self-assessment Checklist for: _____ **Intermediate Mid**
 Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Intermediate Mid level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
Speaking		
I can ask and answer questions with some detail about routine personal information. • I can share preferences on a variety of topics, giving reasons for my preferences. • I can share details about my family and friends. • I can exchange information about daily routines. • I can exchange information about activities I did or am planning to do.		
I can discuss and solve problems in uncomplicated situations. • I can request services (e.g. telephone services, plumbing, broken car). • I can reschedule a date if something comes up.		
I can give and seek personal views and opinions in an information discussion. • I can exchange personal views and opinions on topics of current interest (e.g. music, movies, people in the news).		
I can start, maintain, and end a conversation using a variety of strategies. • I can initiate a conversation with someone on a familiar topic. • I can ask for more information, details, and explanations in the course of a conversation with someone. • I can politely bring a conversation to a close.		
I can discuss topics from other disciplines (e.g. geography, history, music, art, science, math, and literature).		

Self-assessment Checklist for: _____ Intermediate High

Person's Name

Use this checklist to record what you think you can do. In the blank rows, you can add to the list. In the columns to the right, indicate your proficiency by marking what you can do easily and well in column 1. You can use column 2 to indicate your goals.

You will determine your proficiency level for each skill. If you have over 80% of the items checked for a particular skill, you have probably achieved the Intermediate High level for that skill. Each skill should be assessed separately to identify level of proficiency.

Language: _____	(1) I can do this easily and well	(2) This is one of my goals
Speaking		
I can ask for, follow, and give directions. <ul style="list-style-type: none"> • I can complete a multi-step task. • I can make something (e.g. recipe, craft). • I can get and follow directions to get from one place to another. 		
I can formulate questions and obtain information on a variety of topics. <ul style="list-style-type: none"> • I can ask and respond to who, what, when, where, how, why with details. 		
I can discuss information and opinions on social, professional, or academic topics.		
I can receive and communicate detailed factual information related to areas of mutual interest.		
I can convey degrees of emotion and react appropriately to the emotions of others. <ul style="list-style-type: none"> • I can express dissatisfaction, explaining and responding to others' questions about my dissatisfaction. • I can express frustration, confusion, or anger, explaining and responding to others' questions. • I can express appreciation and gratitude. • I can express sadness and joy, explaining and responding to others' questions. 		
I can express and support my opinions and make recommendations on a variety of topics in culturally appropriate ways. <ul style="list-style-type: none"> • I can agree with others' opinions and give reasons why. • I can disagree with others' opinions and give reasons why. 		

